FORGE Your Success

Forms

Photocopy masters of the forms in the FORGE Your Success book, for men who need a fresh copy: the Reentry Plan, the thinking report and the My First Week checklist. Copy one side per sheet; keep this copy clean.

SESSION	HANDOUT	COPIES	PAGE
Orientation	**The Reentry Plan**	1 per resident (kept in the resident's folder)	2
Every class	**Thinking Report**	2 per resident per class, plus extras	3
Orientation	**My First Week**	1 per new resident (kept in the folder; copy the signed page for the resident's record)	4

FORGE

The Reentry Plan

FORGE YOUR SUCCESS · ORIENTATION AND EVERY CLASS

Your plan for life after release. Write specific actions, not wishes: "Apply for a state ID at the DDS office this week," not "Get my papers together." Review it with your mentor every week, and add the one action you commit to at the end of every class.

Area	Where I am now	My next step	By when	Done
Housing				
Identification				
Work				
Money				
Health and recovery				
Family				
Supervision and legal				
Service				

Name _____ **Move-in date** _____ **Mentor** _____

Thinking Report

FORGE YOUR SUCCESS · THINK, FEEL, ACT

Pick a real situation since you came home where you had a strong reaction. Write what actually went through your mind, not what you think you should have thought. Honesty, not perfection.

Situation	Thought	Feeling	Action	Consequence

A different thought (one that would protect your plan), and where it would have led:

Different thought	Feeling	Action	Consequence

STOP

Stop: don't say or do anything yet; take one breath. **T**hink: what's the thought in my head, and is it a fact? **O**ptions: what are two or three things I could do? **P**lan: pick the one that protects my plan, and do that.

My First Week

FORGE YOUR SUCCESS · ORIENTATION · WITH YOUR MENTOR, AT MOVE-IN

My papers (fill this in with your mentor; keep it in your folder)

Document	Have it?	Where it is now, or my next step	By when
State ID			
Social Security card			
Birth certificate			

My first supervision check-in (if I'm on parole or probation)

Date and time _____ **Place** _____ **Officer** _____

Officer's phone _____ **What to bring** _____

My first week (starting the day I moved in)

Day	What	Where	Time
Day 1			
Day 2			
Day 3			
Day 4			
Day 5			
Day 6			
Day 7			

☐ I read the house agreement with my mentor, I have my own copy, and I know what stays private and what doesn't

☐ My Reentry Plan has a next step in all eight areas

My mentor _____ **Mentor's phone** _____ **We meet** _____

My anchor _____ **My first class** _____ **The class meets** _____

MY COMMITMENT

I'm a stakeholder in this house, not a passenger. I commit to: lead by example in every circumstance; respect every person as I wish to be respected; keep this house safe, free from weapons, violence and fear; practice Service Over Self by helping the next resident grow; and live by the principles of Opportunity, Growth and Empowerment. **I will turn time served into time that serves others.**

_____ Resident

_____ Mentor, as witness

_____ Date